

Name: **Julia Morgner**  
Specialization: Medicine  
Academic year: 6th year  
Country and city of destination: Germany, Selb  
Receiving Institution: **Klinikum Fichtelgebirge**

I completed my Erasmus Program in Germany in the city of Selb in Internal Medicine (6 weeks) and General (4 weeks) - and Trauma Surgery (1 week) at the Klinikum Fichtelgebirge. I have been informed about the program by fellow students of the year above me, who themselves have participated in the Erasmus Program.

During my stay I lived with relatives, so I knew the area before the program and had no problems to find my way in the accommodation as well as in the city of Selb. I was able to live in a room in their house. The town of Selb has about 18,000 inhabitants and is located in the Fichtelgebirge Nature Park. The Fichtelgebirge offers many possibilities for excursions with numerous hiking and biking trails, such as the Ochsenkopf, Kornberg and Schneeberg, which were very easy to reach by car. Often I used this offer during my free time and was much in nature on the way. The cities of Bayreuth, Bamberg, Hof and Regensburg, which I visited during the program, are also very easy to reach from Selb by car and can be reached in only about an hour's drive. Selb offers culinary variety with Italian, Greek, Turkish and Vietnamese restaurants. The cultural offer in Selb with its „Rosenthal theatre“, the Luisenburg castle and the numerous porcelain museums such as the „Porzellanikon“ is completely sufficient.

The Fichtelgebirge Clinic treats about 16,000 inpatients and 16,000 outpatients per year. Altogether the clinical centre Fichtelgebirge has 393 beds and employs over 900 employees. As a regional health centre, the clinic offers six qualified main departments. The Fichtelgebirge Clinic ensures the provision of specialist medical care for the north-eastern region of Bavaria. During my time at the Klinikum Fichtelgebirge I felt very well. I was immediately integrated as part of the team in both surgery and internal medicine and all colleagues were always helpful and friendly. Through the daily cooperation and discussions with the medical staff, I gained a very good insight into medical work, patient care and the German health care system. A very important point for me was the practice in daily patient contact and the improvement of my practical skills. By assigning responsible tasks, my independent work was trained and my self-confidence was strengthened. I liked the field of internal medicine best, as I would like to work in this field later on. Here I was already able to get to know the rough procedures and extensive bureaucratic documentation and to complete some of them independently. Due to the routine, which I already felt after a few weeks of work, I was able to complete the tasks much faster and more precisely, which will help me in my later work as an internist.

I would do the Erasmus+ again at any time and will recommend it to my friends and acquaintances. It is a good opportunity to get an insight into the later working life and to improve your own skills.